**Freestyle team division scoresheet**

**TECHNIQUE (30 POINTS)**

**Execution of Pom Technique** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Clean arm lines, levels, placement is sharp, strong and precise

**Execution of Dance Technique** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Correct placement & levels of arms / torso / hips / legs / hands / feet,

body control, extension, balance, style in movement

**Execution of Technical Skills** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Proper execution of leaps, turns, jumps, lifts, partner work, etc.

**GROUP EXECUTION (30 POINTS)**

**Synchronization / Timing with Music** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Moving together as one with the music

**Uniformity of Movement** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Movements are the same on each person, clear, clean and precise

**Spacing** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Equal / correct spacing between individuals on the performance surface

during the routine and transitions

**CHOREOGRAPHY (30 POINTS)**

**Musicality / Creativity / Originality** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Use of the music accents, style, creative, original movement

**Routine Staging / Visual Effects** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Formations and transitions, visual impact of group work, levels, opposition, poms, etc.

**Degree of Difficulty** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Level of difficulty of skills, movement, weight changes, tempo, etc.

**OVERALL (10 POINTS)**

**Communication / Crowd Appeal & Appropriateness** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Ability to exhibit a dynamic routine with showmanship and audience appeal

Age appropriate music, costume and choreography that enhances the performance

**TOTAL: (100 points)** \_\_\_\_\_\_\_\_\_\_\_\_

**COMMENTS:**

**Cheer HIP HOP team division scoresheet**

**TECHNIQUE (30 POINTS)**

**Strength of Movement** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Strength and presence in movement

**Execution of Hip Hop Style(s) – Placement / Control** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Correct placement & levels of arms / torso / hips / legs / hands / feet and

body control in the extension of style of hip hop: tutting, popping, locking, waving, lyrical, etc.

**Execution of Skills / Athletic Incorporations** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Execution of floor work, freezes, partner work, lifts, tricks, jumps, etc.

**GROUP EXECUTION (30 POINTS)**

**Synchronization / Timing with Music** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Moving together as one with the music

**Uniformity of Movement** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Movements are the same on each person, clear, clean and precise

**Spacing** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Equal / correct spacing between individuals on the performance surface

during the routine and transitions

**CHOREOGRAPHY (30 POINTS)**

**Musicality / Creativity / Originality** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Use of the music accents, style, creative, original movement

**Routine Staging / Visual Effects** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Formations and transitions, visual impact of group work, levels, opposition, poms, etc.

**Degree of Difficulty** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Level of difficulty of skills, movement, weight changes, tempo, etc.

**OVERALL (10 POINTS)**

**Communication / Crowd Appeal & Appropriateness** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Ability to exhibit a dynamic routine with showmanship and audience appeal

Age appropriate music, costume and choreography that enhances the performance

**TOTAL: (100 points)** \_\_\_\_\_\_\_\_\_\_\_\_

**COMMENTS:**

**Cheer JAZZ team division scoresheet**

**TECHNIQUE (30 POINTS)**

**Execution of Technical Skills** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Proper execution of leaps, turns, jumps, lifts, partner work, etc.

**Placement / Control / Extension** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Correct placement & levels of arms / torso / hips / legs / hands / feet,

body control, extension, balance

**Style / Strength of Movement** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Style, strength and presence in movement

**GROUP EXECUTION (30 POINTS)**

**Synchronization / Timing with Music** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Moving together as one with the music

**Uniformity of Movement** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Movements are the same on each person, clear, clean and precise

**Spacing** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Equal / correct spacing between individuals on the performance surface

during the routine and transitions

**CHOREOGRAPHY (30 POINTS)**

**Musicality / Creativity / Originality** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Use of the music accents, style, creative, original movement

**Routine Staging / Visual Effects** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Formations and transitions, visual impact of group work, levels, opposition, poms, etc.

**Degree of Difficulty** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Level of difficulty of skills, movement, weight changes, tempo, etc.

**OVERALL (10 POINTS)**

**Communication / Crowd Appeal & Appropriateness** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Ability to exhibit a dynamic routine with showmanship and audience appeal

Age appropriate music, costume and choreography that enhances the performance

**TOTAL: (100 points)** \_\_\_\_\_\_\_\_\_\_\_\_

**COMMENTS:**

**PERFORMANCE CHEER DOUBLES scoresheet**

**TECHNIQUE (40 POINTS)**

**Execution of Skills / Style (Freestyle – Jazz – Hip Hop)** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Execution of movements and skills in the style of the category

**Placement / Control** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Exhibits control, proper levels and placement (in pom motions) arm movements. “Turnout”

and proper hip/leg/foot placement in Kicks, Leaps, Turns, etc. control of torso and body parts

throughout movements and skills

**Strength of Movement** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Intensity, strength and presence in movements

**Extension / Flexibility** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Exhibits full extension (in arms, legs, feet etc.), and

when applicable, stretch and flexibility in movement

**CHOREOGRAPHY (40 POINTS)**

**Musicality** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Use of the music accents, rhythms, lyrics and style

**Difficulty** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Level of difficulty of skills, movement, weight changes, tempo etc.

**Creativity / Style** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Exhibiting creative and original movement in accordance with the style of the category

**Routine Staging** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Utilization of floor space, transitions, partner work, group work, interaction of the pair

while allowing for a seamless flow of the routine

**EXECUTION (10 POINTS)**

**Synchronization** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Uniformity of all movement, moving together and with the music

**OVERALL EFFECT (10 POINTS)**

**Communication / Projection**

**Audience Appeal & Appropriateness** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Ability to exhibit a dynamic routine with showmanship and audience appeal

Age appropriate music, costume and choreography that enhances the performance

**TOTAL: (100 points)** \_\_\_\_\_\_\_\_\_\_\_\_

**COMMENTS:**

**CHEER TEAM Division scoresheet**

**CHEER CRITERIA**

Crowd leading ability/ability to lead the crowd for 10 \_\_\_\_\_\_\_\_\_\_\_\_

teams Nation, use of signs, poms, or megaphone,

practical use of Stunts/pyramids to lead the crowd,

execution (native language encouraged)

**PARTNER STUNTS**

Execution of skills, Difficulty (Level of skill, 25 \_\_\_\_\_\_\_\_\_\_\_\_

Number of bases, Number of Stunt Groups),

Synchronization, Variety

**PYRAMIDS**

Difficulty, Transitions Moving into or 25 \_\_\_\_\_\_\_\_\_\_\_\_

Dismounting out of Skills, Execution,

Timing, Creativity

**BASKET TOSSES**

Execution of skills, Height, 15 \_\_\_\_\_\_\_\_\_\_\_\_

Synchronization (When Applicable),

Difficulty, Variety

**TUMBLING**

Group tumbling, 10 \_\_\_\_\_\_\_\_\_\_\_\_

Execution of skills (includes jumps if applicable\*),

Difficulty, Proper Technique, Synchronization

**FLOW OF ROUTINE / TRANSITIONS**

Execution of routine components: 5 \_\_\_\_\_\_\_\_\_\_\_\_

flow, pace, timing of skills, transitions

**OVERALL PRESENTATION, CROWD APPEAL, DANCE\***

Overall presentation, showmanship, 10 \_\_\_\_\_\_\_\_\_\_\_\_

dance\*, crowd effect

**TOTAL: (100 points)** \_\_\_\_\_\_\_\_\_\_\_\_

**COMMENTS:**

**Group/Partner stunt Division scoresheet**

**STUNTS AND TOSSES**

**Execution of technique** 30 \_\_\_\_\_\_\_\_\_\_\_\_

Execution of proper technique to perform stunts,

making the stunts appear to be easy.

**Difficulty** 25 \_\_\_\_\_\_\_\_\_\_\_\_

Difficulty, and the ability to perform stunts in the routine.

Also includes not setting out of the stunts, continual transitions,

one arm stunts, toss stunts, etc. (Difficulty based on progressions)

**Form and Appearance of Stunts** 20 \_\_\_\_\_\_\_\_\_\_\_\_

This includes not moving on stunts, arms straight,

flexibility of stunts in good position,

straight line with base and top,

comfortable facial expressions, etc.

**OVERALL PERFORMANCE**

**Transitions** 15 \_\_\_\_\_\_\_\_\_\_\_\_

Pace of transitions, visual effect and creativity of the transitions,

matching specific points in music,

difficulty and technique maintained during transitions.

There should be as few ‘breaks’ in the routine as possible.

**Difficulty** 10 \_\_\_\_\_\_\_\_\_\_\_\_

Excitement level of routine, routine is choreographed to music,

and stunts hit to beats of music, creative stunts and/or visuals,

quick pace, facials, and energy.

**TOTAL: (100 points)** \_\_\_\_\_\_\_\_\_\_\_\_

**COMMENTS:**

**Penalties**

**Time violation (5-10s)** -1 pt \* \_\_\_\_\_\_\_\_\_\_\_\_

**Time violation (> 11s)** -3 pt \* \_\_\_\_\_\_\_\_\_\_\_\_

**Illegal element or other violation of rules** -5 pt \* \_\_\_\_\_\_\_\_\_\_\_\_

List of violations:

**Disqualification yes no**

Reason for disqualification: