


# ICU European Coaches Conference 2025

## Budapest, Hungary

Mingle & Dinner  
Friday 18:30 @ venue (ELTE)



Saturday / 4 October			Sunday / 5 October		
Time	Speaker	Topic	Time	Speaker	Topic
9:00	Doors open		9:00 – 9:50	Katarina Eriksson (SWE)	Safeguarding - what all coaches need to know?
9:45	Welcome & Conference Opening		10:00 – 10:50	Panel discussion	How to build successful National Team (tryouts, practice organization, fundraising, competition day, ...) - experience sharing between coaches
10:00 – 10:50	Katarina Eriksson (SWE)	Development of club / gym - emphasis on the Ethics and good governance	11:00 – 11:50	Lasse Arnesen (NOR)	How to build successful coed program (focus on jr. coed and sr coed)
11:00 – 11:50	Andre Nettet (NOR)	How to build a multi professional coaching team to support high performance? (different roles and responsibilities) Coaches wellbeing	12:00 – 13:00	Lunch at Central Canteen	
12:00 – 14:00	Lunch at Central Canteen		13:00 – 13:50	Mat evž Remškar (SLO)	ABC's of Premier Pyramids
14:00 – 14:50	Mija Schrey (FIN)	How to get more coed teams in Europe?	14:00 – 14:50	Andre Nettet (NOR)	Strength and endurance training in cheerleading teams
15:00 – 15:30	Break & mingle with the judges' conference participants		15:00 – 15:30	Ending the weekend together	
15:30 – 16:20	Ursula Hann (AUT)	Rules Interpretation	<b>Please note:</b> This is a provisional schedule – additions and changes might still occur. For a final and detailed schedule, it is best to check the event web page: <a href="https://www.cheerunion.eu/icu-coaches-judges-conference/">https://www.cheerunion.eu/icu-coaches-judges-conference/</a>		
16:30 – 17:20	Anne Ach té (FIN)	Judges' view on Scoring			
19:00	Dinner at Central Canteen				



v. 13. 8. 2025